



# Social Studies

## How Do Pumpkins Grow?

### Materials:

- pumpkin
- pumpkin seeds
- paper towel for each child
- plastic bag for each child
- clear plastic cup for each child
- Soil



Discuss that pumpkins come from plants grown on a farm. Farmers plant the pumpkin seeds. Cut the pumpkin and discuss what is inside the pumpkin. Inform children that both the pumpkin meat and the seeds may be eaten. The seeds are also used to plant pumpkins by farmers. The children will enjoy watching seeds sprout and grow just like the pumpkin farmers!

Dampen the paper towel and place into plastic bag. Add pumpkin seeds. Tape baggie to a well lit window. This will help the seeds sprout. Each day check the seeds to see what changes have occurred. After a period of time, plant the seeds in the plastic cups. Have children write their names on their cup. What do you think will happen? Make sure the plants are placed in sunlight and are watered frequently. Soon you will have pumpkin plants. Allow children to take home and share the Thanksgiving plant with others.