



A Free Activity Just for You!

Quiet, Quiet...LOUD!

Reinforce months of the year and days of the week with this exciting activity!

During circle time when you are doing your calendar and have children quietly say the days of the week. When they reach the current day have them say it LOUD! Your children will love to do this daily. This also may be done with the months of the year. Remember, when they reach the current month, say it LOUD!



Other things you could do:

Open eyes, open eyes...close eyes

Stand up, stand up...sit down

Arms folded, arms folded...arms open

Walk, walk...run (this should be done outdoors)